

## How to Paint Your Nails Using Nail Polish and Sharpies

So you've seen nail art on Pinterest, on blogs, on your favorite celebrities and in the salons. But salons are too expensive and nail art is very hard to do using only nail polish. Even nail art pens are difficult to use. However, using a sharpie on your nails is simple, like drawing on a small canvas. To create your own design on your nails, you will need a base coat color and a sharpie color of your choice. If you are using white nail polish, any color sharpie is appropriate. But if you are using a bright or dark color, a black sharpie is preferred.

### Painting Your Nails

This section will teach you how to apply your base coat. The base coat will be one, single color so that when you draw on top of it, it will go on smoothly.

1. Take your base coat and pull out the brush.
2. Slowly, paint your nails starting at the middle.
3. Stay away from the line of skin around the nail to avoid a sloppy look.
4. Paint the sides of the nail next and continue the middle/side pattern until you have an even coat (the paint is distributed equally) along the nail.
5. Do this for all of your fingernails.
6. Wait about 30 minutes for the paint to dry. Sometimes it's better to wait an hour. A way to find out if your nails are dry is to rub your nails together to see if they're sticky. If they are sticky, they are not dry yet.
7. To see what your nails should look like, view figure 1.



Figure 1: Base Coat

## Drawing with Sharpies

1. Pick your sharpie color. (Black is suggested for most base colors).
2. Pick your sharpie point size. It can be a sharpie pen or a sharpie marker.
3. Now you can draw shapes on your nails with the sharpies. The thinner the sharpie, the smaller you can draw. Sharpie markers are normally used for polka dots or thicker drawings.
4. Now that you have drawn on your nails, you must wait around 15 minutes for the sharpie to dry.
5. Once the sharpie dries, you may put a clear polish on top. This part is optional.
6. To apply a clear coat, take out the brush and apply it with two sweeps; one on the left side of the nail and one on the right side. Only do one coat so that you don't smear the sharpie.
7. For the finished look, see figure 2.



Figure 2: Finished nails

Now you have a manicure with designs just like you see in salons. In figure 2, you can see that there is a peace sign, a heart, and polka dots. These are only a few examples of the endless possibilities. Sometimes, it's easier to get your friends to help you if you can't do one of your hands. Experiment with different base colors and sharpies.

## How to Easily Remove Nail Polish

Nail polish can be difficult to take off, especially if you're wearing glitter. Sometimes you go through several cotton balls for each hand! There is an easier way to take off nail polish using only three cotton balls, a q-tip, and some nail polish remover. Make sure to have these items before you start the following process.

1. Unroll the cotton ball into one long strip. (Figure 1)



Figure 1: Strip of one cotton ball

2. Tear the strip into five smaller pieces, one for each of your fingers on one hand.
3. Pour some of the nail polish remover into the cap from the nail polish remover bottle.
4. Dip the cotton ball in the cap so that the cotton ball is about half way soaked.
5. Apply the wet side of the cotton ball on your fingernail.
6. Do steps 4 and 5 on all fingers on one hand. (Figure 2)



Figure 2: Apply wet strips to each finger

7. Let the cotton stay on your fingers for five minutes.

8. After five minutes, take another cotton ball and starting from the bottom of your nail, swipe the cotton ball up one finger, pushing the first cotton ball off.
9. As you can see, there is hardly any polish left on your nail. To get the rest of the polish off, dip a q-tip into the remaining liquid in the cap.
10. Press the q-tip onto the left over paint on each nail to easily remove it. (Figure 3)



Figure 3: Remove excess polish with q-tip

11. Continue using this method for the other hand.

Now you can easily remove nail polish using three cotton balls and a q-tip. This method is very useful when dealing with thick or sparkly nail polish, which are normally difficult to remove. Another alternative to cotton balls are coffee filter paper, paper towels, or makeup remover pads.

# Style Sheet

## Heading

1. Start Microsoft Word with a blank sheet, also known as new page, using all Microsoft's original settings.
2. Before you starting typing, you will need to change your heading.
3. Click on Heading 1 at the top of the page underneath the home tab.
4. Right click the space that says Heading 1 and choose modify.
5. Click on the bar with the navy blue coloring. A drop down box will appear.
6. Select the option more colors.
7. From here, you can change red, green and blue numbers. Change the red to 255, gree to 51, and blue to 168.
8. Click ok.
9. Click ok again on the next text box.
10. Now you have that color preset when you type.
11. Change the font size to 14 and the font to Times New Roman.
12. Make the font bold by pushing the B underneath the font options.
13. Now type in the heading.
14. Next, you will insert a decorative line underneath the heading.
15. Click the drop down arrow on the option above the paragraph option that has a dotted square with a solid line on the bottom. It is to the right of the paint can.
16. Note\* If you do not click on the drop down arrow, it will insert a line. To undo this, hold down the control button on your keyboard and then the z button on your keyboard.
17. Click on borders and shading.
18. Above style, you will see a variety of styles of lines. Scroll to the bottom and click on the line that looks like a candy cane. It is the fifth one from the bottom.
19. Click on color.
20. Choose the light blue option underneath standard.
21. Look at the preview on the right. It has two small boxes on the left and two small boxes on the bottom. Uncheck the top box on the right by clicking on it, and uncheck the two boxes on the bottom by clicking on them.
22. Now push ok.
23. A blue line will appear underneath your heading.

## Text and Subheading

1. Push enter twice.
2. Now click on the style that says no spacing, underneath styles at the top.
3. Change your font to Times New Roman and your font size to 12.
4. Start by writing text to create an introduction paragraph.
5. After the introduction, you will have a subheading. To change the style, click on Heading 2 at the top of the page above styles.
6. Right click heading two and click modify.
7. Click on the color bar.
8. Choose light blue.
9. Make sure your font is still Times New Roman and your font size is still 12.

10. Type in the subheading.
11. When you write instructions, use a numbering bullet, given to you at the top above paragraph. Choose the option that has the numbers 1, 2, 3.
12. The first instructional sheet will have one heading, two sub headings, and two pictures.
13. The second instructional sheet will have one heading and three pictures.

## Pictures

1. Each picture you add will be aligned with the number indentions.
2. They will reach mark 3 at the top (length) and they will be about 2 marks on the right (width).
3. Each picture will be indicated with a figure number and a title, in alignment with the numbering.